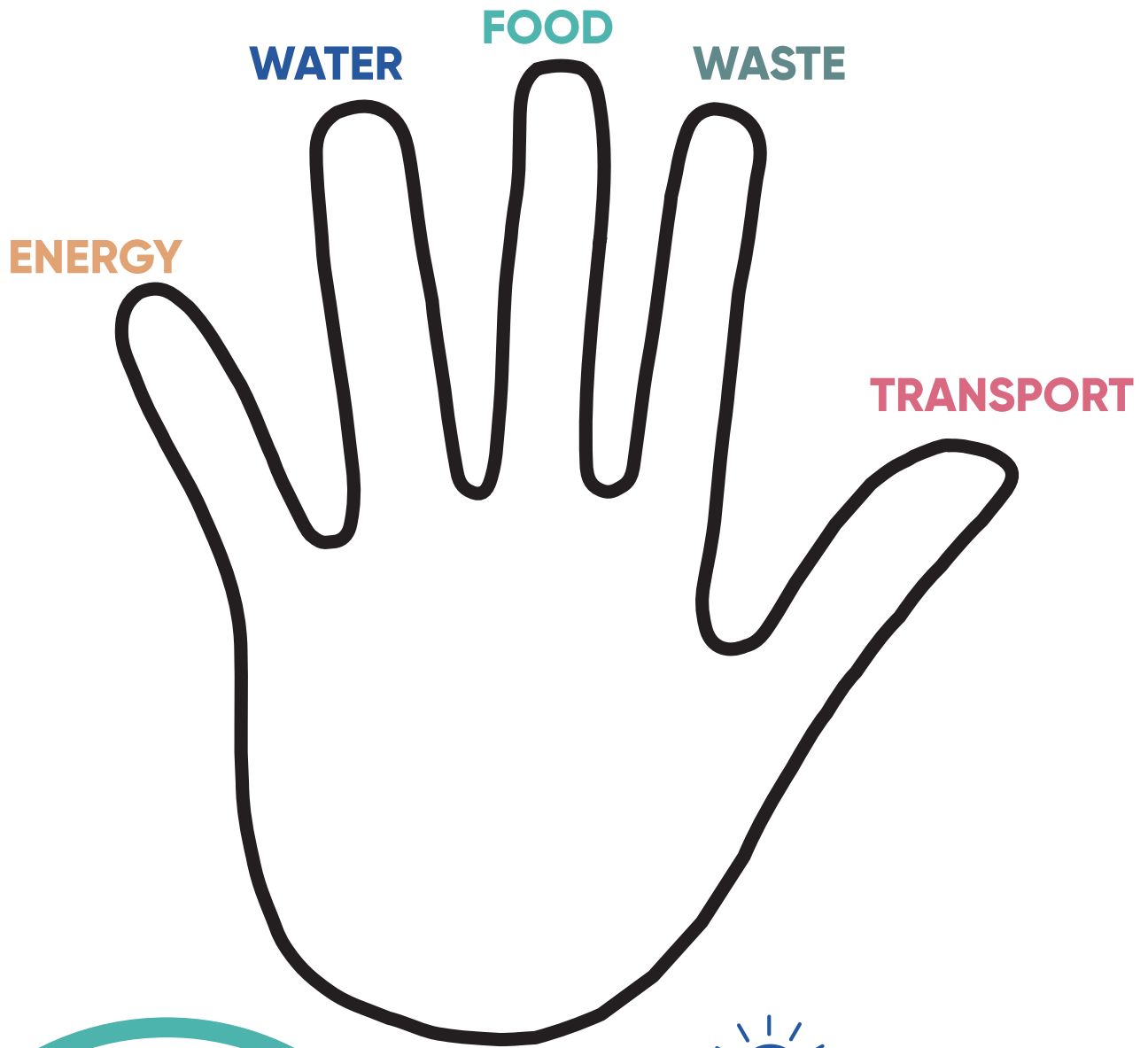




Giving Earth a Helping Hand



On each finger,
write down
one thing you are
already
doing to help
the planet.

Then, underneath
each finger,
write down one
thing you will
start doing to be
even more
sustainable.



Here are some ideas
to get you started !

- Turn off the lights
- Walk to school
- Grow veggies at home
- Recycle
- Have shorter showers